

What to Do if Your Child is Ill

While school attendance is vital to your student's education, a sick child belongs at home. Please review the Sick Day Guidelines below to assist you in making that decision.



Send me to school if...

- I have a runny nose or just a little cough, but no other symptoms.
- I haven't taken any fever-reducing medicine for 24 hours, and I haven't had a fever during that time.
- I haven't thrown up or had any diarrhea for 24 hours.

Keep me home if...

- I have a temperature higher than 100°F.
- I'm throwing up or have diarrhea.
- My eyes are pink and crusty.

Call the doctor if...

- I have a temperature higher than 100°F for more than 2 days.
- I've been throwing up or having diarrhea for more than 2 days.
- I've had the sniffles for more than a week and they aren't getting any better.
- I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).