

Lenten Food Drive



In this season of Lent, Father Andrew White's Student Council would like your help to provide food donations to the Society of St. Vincent de Paul. Your donations will support the monthly food distribution at St. Aloysius Church and make a difference in our local community.

"Give something, however small, to the one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could."

-St. Gregory Nazianzen

Items will be collected from March 16-26

Last name begins with:	Food items to donate:
A-D	Canned fruit and juices (Fruit, applesauce, large juice bottles, 4 variety juice boxes)
E-I	Canned and other protein (tuna, ham, peanut butter, dried or liquid shelf milk)
J-M	Pasta and Sauces (pasta, spaghetti sauce)
N-Q	Soups (soups, stew)
R-U	Canned vegetables-low sodium (mixed vegetables, corn, peas, green beans)
V-Z	Grains and Breakfast items (oatmeal, cereal, pancake mix, jelly, rice, syrup)

Note: Food should be healthy and nutritious. Look for "no added salt or sugar, whole grain and high fiber"

Please do not donate items that are perishable, expired, or packed in glass.