



ARCHDIOCESE OF WASHINGTON – Catholic Schools Academic Standards for Personal Safety Education

Teacher Name: _____ Date Fully Completed: _____

Check ✓ the resource used to meet each one of the standards. For example, if you taught Standard 1.3 using the Circle of Grace resource, then simply check ✓ to the corresponding category. Once complete, sign and provide your principal with this document (Keep a copy for your records).

MIDDLE SCHOOL STANDARDS (GRADES: 5 – 8)

Standard 1: Basic Safety Skills	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
1.1 Understand the concept of law and basic safety rules.					
1.2 Understand that all emergencies should be verified by using a family plan or contacting parent or trusted adult.					
1.3 Develop the need to respect all people and all forms of life.					

Standard 2: Recognition of Dangerous and Abusive Situations	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
2.1 Understand that adults should ask other adults for assistance.					
2.2 Understand that animals may be used to lure children into danger.					
2.3 Understand that games involving restraints, such as rope, handcuffs or duct tape should be avoided.					
2.4 Understand that you should not trust or go with someone just because they know your name.					
2.5 Understand that friends can ask you to participate in unwanted activities.					
2.6 Understand that youth should never go alone to meet an on-line acquaintance.					

Standard 3: Recognition of Appropriate & Inappropriate Physical Contact	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
3.1 Distinguish appropriate and inappropriate forms of affection.					
3.2 Demonstrate ability to resist unwanted affection .					
3.3 Continued development of a sense of self-worth.					

Standard 4: Ability to Say “NO” to Unwanted Situations	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
4.1 Understand the importance of recognizing, trusting and following one’s instincts.					
4.2 Understand you have a right to assert yourself even with authority figures that are attempting to hurt you.					
4.3 Understand that predators may use weapons and threats as intimidation devices.					



ARCHDIOCESE OF WASHINGTON – Catholic Schools Academic Standards for Personal Safety Education

Standard 5: Ability to Identify and Tell a Trusted Adult	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
5.1 Understand that a sincere gift has no strings attached and should not be kept a secret from parents.					
5.2 Understand that trusting or going with someone because he or she resembles a famous person or athlete or claims to know someone famous.					
5.3 Understand that permission from parents should be obtained before accepting any job or chore.					
5.4 Understand that you should not trust or go with someone just because they know your name.					

Standard 6: Ability to Understand Importance of Disclosure, especially If Inappropriate Actions Are Directed at Self or Others	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
6.1 Distinguish appropriate and inappropriate forms of affection.					
6.2 Understand the right to assert yourself even with authority figures that are attempting to hurt you.					
6.3 Understand that games involving restraints, such as rope, handcuffs or duct tape should be avoided.					

Standard 7: Recognition that Abusive Situations Are Never the Fault of a Child	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
7.1 Understand that compliments and offers of fame and fortune can be used to manipulate people.					
7.2 Understand that each person is unique and deserves to be treated with respect and dignity.					

Standard 8: Ability to Safely Navigate through Internet Forums	Virtus	Sacred Places	Circle Grace	Child Lures	Cyber Smart
8.1 Recall private information should not be shared on the internet without permission of a parent or adult.					
8.2 Understand that internet access should include adult supervision.					
8.3 Explain the concept of anonymity on the internet.					
8.4 Discuss the benefits and dangers when interacting with the internet by explaining safety precautions for emailing, chatting, and messaging online such as FaceBook, Twitter, Google Mail and Messenger.					
8.5 Describe and compare comfortable and uncomfortable feelings that relate to cyberbullying					
8.6 Identify strategies for responsibly dealing with cyberbullies and to report activity to a trusted adult.					
8.7 Demonstrate an understanding of the appropriate use of the internet.					

I affirm that the above documentation is accurate and the materials have appropriately been taught, meeting the Personal Safety Education program standards as set forth by Archdiocese of Washington Child Protection Policy.

Teacher Signature: _____ **Date:** _____